



DR. KARL R.O.S. JOHNSON, DIRECTOR

51735 Van Dyke Avenue, Shelby Township, MI. 48316

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ANNOUNCING...

2011 GIVING TREE

Benefiting the Extended Hand Christmas Food Drive



RECOMMENDED DONATIONS: Non-perishable foodstuffs or a donation of \$25.00 cash for perishable supplies.

CURRENT CHIROPRACTIC, NUTRITION, AND ALLERGY ELIMINATION PRACTICE MEMBERS RECEIVE: \$10.00 credit for their donation.

PRACTICE MEMBERS NOT SEEN IN THE PAST 4 MONTHS RECEIVE: An update exam and adjustment for the donation of \$25.00 or more.

NEW NUTRITION/ALLERGY MEMBERS RECEIVE:

A health history, a consultation, an exam, and a Heart Rate Variability Test for the donation of \$25.00 or more.

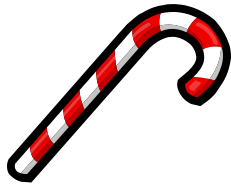
NEW CHIROPRACTIC MEMBERS RECEIVE: A health history, a consultation, an exam, (2) X-ray views for their donation of \$25.00 or more. Adjustment is NOT included. Due to Federal Regulations, Medicare patients cannot participate in this promotion.

This holiday season, there are many people in need — people who have lost their jobs or are struggling just to make ends meet. Make this Christmas special for everyone by helping us help those families in our community.



PLEASE BRING DONATIONS BY NOON, WEDNESDAY, DECEMBER 21.

Thank you for making someone's Christmas special! Dr. Johnson and his staff wish you peace, blessings, and wellness for this season and always!



Announcing 2011 Giving Tree



It's been a busy year for all of us especially people who are in need. Those of us who are able have helped people all over the world — providing relief from hurricanes, tornadoes, and earthquakes. Now it's time to help our own. We will again be donating food and gifts to the Extended Hand Christmas Food Drive. Dr. Johnson has helped their Christmas Food Drive for over 11 years, which will give baskets to 200 needy area residents from Shelby Township, Utica, Sterling Heights, Clinton Township, Warren, Centerline, Macomb, and Chesterfield Township areas. In addition to foodstuffs a \$25.00 cash donation will help purchase a food basket that includes foodstuffs such as hams, turkeys, eggs, butter, milk, bread, and potatoes for each basket.

Deadline for all donations is NOON on Wednesday, December 21, 2011

**Suggested DONATIONS: CHOOSE 8 ITEMS FROM LIST BELOW
(MINIMUM VALUE \$15.00),
OR A CASH DONATION OF \$25.00 FOR PERISHABLE FOOD**

Non-perishable items include the following:

Canned:

Meats

Fruits

Vegetables

Boxed:

Cakes

Potatoes

Mixes

Bagged:

Rice

Navy Beans

Pinto Beans

Misc:

Jello

Condiments

P.B. & J.



We appreciate all the help you've given us in the past and look forward to helping our community again this year with your support. Please return your items and donations by Wednesday at NOON December 21, 2011 for the food drive, as they need to be sorted and distributed before Christmas.

Call (586) 731-8840 today for your appointment!

The Staff at Chiropractic & Nutrition Wellness Center wish you a Holiday Season full of happiness, joy, peace and many new years to come filled with the blessings of good health!

